

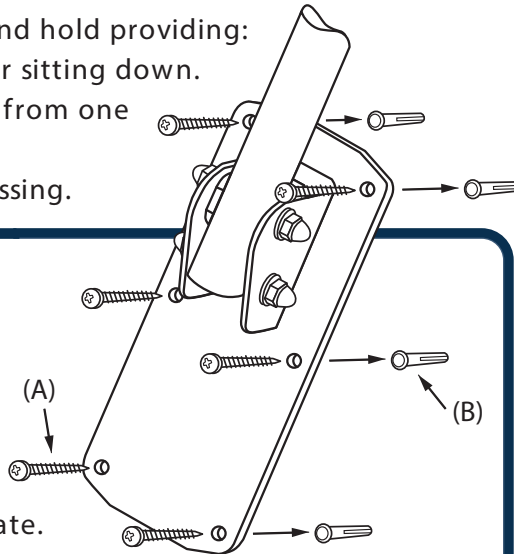
Premium Hinged Support Rail

Fitting and user instructions

Congratulations on purchasing your NYMAS Hinged Support Rail.

The Support Rail offers a safe hand hold providing:

- a support when standing up or sitting down.
- a firm grip whilst transferring from one position to another.
- balance when standing or dressing.



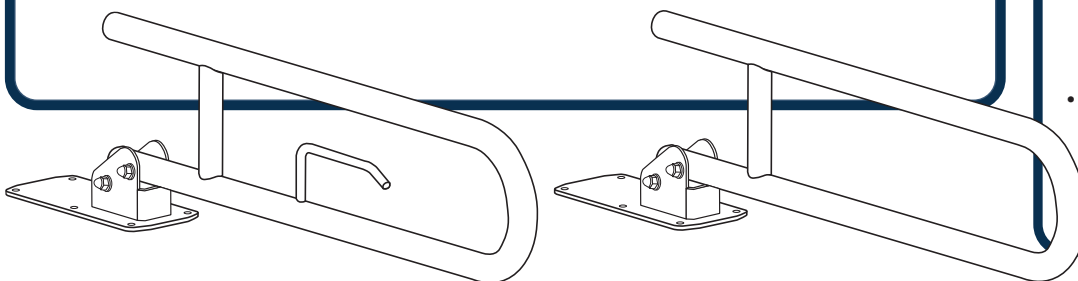
Fitting

WARNING: Before fitting, ensure that there are no concealed electrical cables or pipes where the fixing holes are to be drilled.

1. The fixings needed will be determined by the wall substrate. If in doubt consult a qualified tradesman who will advise what suitable fixings are required. The hole diameter on the base plate of the Hinged Support Rail is 8mm, therefore a 8mm (M8) hexagonal bolt could be used.
2. Position the Support rail on the wall horizontally and mark the six hole locations at a height which is correct for the user or as specified on drawings.
3. Drill the six holes to a depth approximately 5mm greater than the length of the wall plugs and insert the plugs (A).
4. Fit the screws (B) through the holes of the base and into the plugs and fully tighten.

Using the Support Rail

- Before first use, check that the Hinged Support Rail is securely fitted to the wall.
- Check that the rail manoeuvres up and down without resistance. When placing the support rail in the upright position make sure the rail drops down into the lock position.
- Use the Support rail to assist when lowering or raising yourself. NEVER apply your full weight to the Hinge Support Rail.
- Regularly clean the Support rail with a non-abrasive proprietary cleaner.



Please note any fixings supplied in this package will not suit every type of wall. Consult a qualified tradesman before fitting